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## MIMI BROWN

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*"We have to dare to be ourselves, however frightening or strange that self may prove to be." -May Sarton*



Mimi Brown brings creativity, energy, dedication and a spiritually based foundation of encouragement and personal growth to individuals and groups with a primary focus on those addressing addictions and abuse; giving those individuals space to find and nurture their personal spirituality.

Born in Atlanta, GA, Mimi has over thirty years of experience with local resources needed to identify and implement dynamic, life-changing projects and programs designed for men and women to live out loud!

### Formal Training & Current Work

*Mimi's earliest training* was at Spelman College in the Dual-Degree Architectural Engineering program with Georgia Technical College. It was here that her precision in the creative process was born. She continued to work in the field of engineering for over 15 years while cultivating her gifts of creativity and service. Mimi has a bachelor's degree in Business Administration from Western Governor's University in Utah, a Master's degree in Spiritual Psychology from Sofia University in Palo Alto, California, is a Certified Addiction Recovery Empowerment Specialist (CARES), a Therapeutic Art Life Coach and is newly certified as a Spiritual Coach.

*Administratively*, Mimi became increasingly adept with creating and facilitating curriculums through her work as project and program management for the recently incarcerated and drug treatment community, as well as through her position of Outreach Director for a multi-county ministry.

*Volunteerism and service* is at the forefront of the majority of activities Mimi involves herself in. She is a co-founder, and previously a board member of a 501(c) 3 facility, founded in 1988, that exists to provide programming and space to individuals seeking safety and recovery from alcohol and drugs. Mimi is currently active in Black Women's Lab, an empowerment, education and support group welcoming women of all backgrounds. She is also the founder and sole owner of Spirit Gifts, providing spiritual weekend retreats; as well as creating art through jewelry-making.

The groundwork of Mimi's current endeavors continues to be a spirituality-based foundation of authenticity and creativity through self-expression. This is accomplished by:

- Individual, personalized spiritual direction
- Unique jewelry creations utilizing primarily recycled items
- Workshops created and facilitated to address specific audiences and topics
- Research and writing

*Let us more and more insist on raising funds of love, of kindness, of understanding, of peace. Money will come if we seek first the Kingdom of God-the rest will be given. -Mother Theresa*

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